

Peanut Free Snack List

Please avoid snacks that contain peanuts, peanut flour, peanut oil or peanut butter or other nuts. Thank you for your consideration and support in keeping the food-allergic child safe from having a life-threatening allergic reaction at school.

Quick check brands: Kellogg's, Keebler, General Mills and Betty Crocker brands are excellent at calling out allergens:

Example: CONTAINS PEANUT AND TREE NUT INGREDIENTS

Also look for and avoid:

- MAY CONTAIN PEANUT OR TREE NUT
- PROCESSED ON SHARED EQUIPMENT WITH PEANUTS OR TREE NUTS
- MANUFACTURED IN A PLANT WITH PEANUT OR TREE NUTS

Fresh Fruits and vegetables – whole, uncut and washed

POTATO CHIPS

- Baked Lay's – Original, Sour Cream & Onion, Parmesan and Tuscan Herb
- Kettle Brand – Sea Salt, Sea Salt & Vinegar, Buffalo Bleu, Fully Loaded Baked Potato, Sweet Onion, Sour Cream and Onion, Jalapeno
- Kettle Brand Bakes – Sea Salt, Aged White Cheddar, Hickory Honey Barbeque, Sea Salt & Vinegar
- Lay's – Classic, Barbecue, Sour Cream & Onion, Lightly Salted, Cheddar & Sour Cream, Wavy Original, Salt & Vinegar, Garden Tomato & Basil, Honey Mustard, Honey Barbecue
- Lay's Kettle Cooked – Original, Sea Salt & Vinegar, Reduced Fat, Jalapeno, Sea Salt & Cracked Pepper
- Natural Lay's – Sea Salted
- Pringles – Original, Reduced Fat, BBQ
- Pringles Snack Packs – Original, 100 Calorie Snack Packs Original
- Ruffles – Original, Reduced Fat, Sour Cream & Onion, Cheddar & Sour Cream, Loaded Chili & Cheese, Molten Hot Wings

PRETZELS

- Snyder's of Hanover – only with peanut free logo

CORN/TORTILLA CHIPS

- Doritos – Nacho Cheese, Cool Ranch, Spicy Nacho, Tacos Flavor, Spicy Sweet Chili, Toasted Corn, Pizza Supreme
- Natural Tostitos Organic – Yellow Corn, Blue Corn
- Sun Chips – Original, Harvest Cheddar, French Onion, Garden Salsa, Jalapeno Jack
- Tostitos – Restaurant Style, Scoops, Crispy Rounds, Multigrain, Multigrain Scoops, Bite Size, Hint of Jalapeno, Hint of Lime
- Tostitos Artisan Recipes – Roasted Garlic & Black Bean, Fire-Roasted Chipotle

POPCORN

- Smartfood – White Cheddar, Reduced Fat, Movie Theater Butter
- Skinny Pop Popcorn

VEGETABLE CHIPS/SNACKS

- Enjoy Life Lentils Crunchy Lentil Chips – Dill & Sour Cream, Garlic & Parmesan, Light Sea Salt, Margherita Pizza
- Pirate's Booty Veggie

CHEESE SNACKS

- Cheetos – Puffs, Puffs Honey BBQ, Crunchy, Flamin' Hot Crunchy, Baked
- Pirate's Booty – Aged White Cheddar, Sour Cream & Onion, New York Pizza

CRACKERS

- Keebler Town House crackers (plain)
- Mary's Gone Crackers
- Keebler Zesta Saltine Crackers

FRUIT SNACKS/DRIED FRUIT

- Barefruit All Natural Apple Chips – Chile Lime, Cinnamon, Fuji Red, Granny Smith, Sea Salt Caramel
- Brothers-All-Natural Fruit Clusters – Apple Cinnamon, Blueberry Apply, Raspberry Apple • Brothers-All-Natural Fruit Crisps – Asian Pear, Banana, Fuji Apple, Fuji Apple with Cinnamon, Mandarin Orange, Mango, Mixed Berry, Peach, Pineapple, Strawberry, Strawberry-Banana
- Funky Monkey Snacks – Applemon, Bananamon, Carnaval Mix, JiveALime
- Betty Crocker Fruit Roll-Ups
- Betty Crocker Fruit By The Foot
- Fruit Gushers
- Betty Crocker Fruit Flavored Snacks – Dora the Explorer, Scooby-Doo, SpongeBob Square Pants, Shark Bites
- Sunmaid Raisins – plain only, NOT yogurt or chocolate covered
- GoGo Squeeze
- Musselman apple sauce cups

MARSHMALLOW

- Campfire Marshmallows

COOKIES

- Enjoy Life Crunchy Cookies – Chocolate Chip, Double Chocolate, Sugar Crisp, Vanilla Honey Graham
- Enjoy Life Soft Baked Cookies – Chocolate Chip, Double Chocolate Brownie, Gingerbread Spice, Snickerdoodle
- ▲ Skeeter Snacks Mini Cookies [Contains EGG] – Chocolate Chip, Double Chocolate, Shortbread, Variety Pack
- Dare Foods-Breaktime – Chocolate Chip, Oatmeal, Ginger
- Dare Foods Pure Chocolate Whippet
- Kellogg's Rice Krispies Treats
- Keebler Graham Crackers (original, cinnamon, and honey)
- Keebler Vanilla Wafers
- Keebler Fudge Stripe Cookies
- Kellogg's PopTarts – NOT peanut butter flavors

CANDY

- Charms – Blow Pops, Mini Pops
- Charms Blow Pop Bubblegum
- Charms Sour Balls, Squares
- Dots
- Double Bubble – Gumballs, Twist Wrap
- Goetze's Caramel Creams – Apple, Chocolate, Licorice, Strawberry, Vanilla
- Goetze's Cow Tales – Caramel Apple, Chocolate, Strawberry, Vanilla
- Goetze's Mini Cow Tales – Vanilla
- Sugar Daddy
- Surf Sweets – Fruity Bears, Fruity Hearts, Gummy Bears, Gummy Worms, Peach Rings, Sour Berry Bears, Sour Worms, Spooky Spiders, Watermelon Rings
- Surf Sweets Jelly Beans – Original, Spring Mix
- Dots
- Tootsie Fruit Rolls – Cherry, Lemon, Lime, Orange, Vanilla • Tootsie Pop Drops • Tootsie Pops – Cheery, Chocolate, Grape, Orange, Raspberry
- Tootsie Roll
- ▲ Charleston Chew [Contains EGG]
- ▲ Junior Caramels [EGG processed in facility]
- ▲ Junior Mints [EGG processed in facility]
- ▲ Sugar Babies [EGG processed in facility]
- Andes Mints – All varieties
- Dum Dum Pops
- Frooties
- Lifesavers Hard Candies
- Lifesavers Gummies
- Lifesavers Gummies Collisions
- Milk Duds
- Jolly Rancher Hard Candy

- Jolly Rancher Doubles
- Pez
- Rolo
- Skittles – All varieties
- Smarties
- Starburst Fruit Chews – All varieties
- Starburst GummiBursts – All varieties
- Starburst JellyBeans – All varieties
- Twizzlers – All wrapped varieties
- Whoppers – Original Only
- Hershey’s Chocolate Bars – 1.55 oz Bars (Note: other sizes may not be safe)
- Hershey’s Chocolate Kisses – Plain, Special Dark
- Gumbal’s jelly beans
- Jelly Belly jelly beans

ICE CREAM, ICE POPS and ICES

- PhillySwirl – Popperz, Swirl Cups w/Candy Spoonz, Swirl Stix
- Luigi’s Real Italian Ice – 6 Pack Varieties: Cherry, Lemon, Lemon & Strawberry, Mango, Watermelon & Blue Raspberry

Please note: Food labels/ingredients may change over time, so it is always recommended that you read the label before purchasing snacks. Please read labels carefully to make sure that products are nut free. This includes labels that read “May contain traces of peanuts/nuts”.